

ALASKA FAMILY SERVICES
Family Questionnaire

1. By whom were you raised? _____
2. Do you have any siblings? If so what are their ages and gender? _____

3. As a child how would you describe your relationship with your parents?
a. caring b. strained c. supportive d. honest e. abusive f. critical g. happy h. loving i. conflicted
j. nonexistent k. other _____
4. As a child how would you describe your relationship with your siblings?
a. caring b. strained c. supportive d. honest e. abusive f. critical g. happy h. loving i. conflicted
j. other _____
5. Currently how would you describe your relationship with your parents?
a. distant b. caring c. strained d. supportive e. conflicted f. loving g. happy h. nonexistent
i. other _____
6. Currently how would you describe your relationship with your siblings?
a. caring b. strained c. supportive d. honest e. distant f. critical g. conflicted
h. other _____
7. Are you married or do you have a significant other? _____ How long have you had this
relationship? _____ How did you meet? _____
If you are separated or divorced describe your past relationship. _____
8. How would you describe your child's relationship with their mother / father?
a. caring b. strained c. supportive d. distant e. conflicted f. happy g. nonexistent
h. other _____
9. How would you describe your current relationship?
a. caring b. strained c. supportive d. honest e. abusive f. critical g. happy h. loving i. conflicted
j. other _____
10. Children: Please identify age, gender and describe your relationship with your children using *two words* such as
happy, distant, caring, critical, honest, abusive or loving

	Age	Gender	Description of Relationship
1			
2			
3			
4			
5			
6			

- | | | |
|--|------|-------|
| 11. Things in our family are unpredictable and tend to become chaotic. | True | False |
| 12. I have often been called into school to discuss my child's behavior. | True | False |
| 13. I would like to improve my family relationships. | True | False |